

LESSON 4 RESOURCE SHEET 3 HOW TO PUT A CONDOM ON

YR 8

RS3

THESE POWER POINT SLIDES ARE AUTOMATED

CLICK AT THE END OF EACH SLIDE TO MOVE ON

TO RETURN TO THE TEACHING PACK PRESS

THE ESCAPE KEY ON YOUR KEYBOARD

CONDOM

DEMONSTRATION

Check for a British Kite Mark to ensure condom is certified to British standards or European safety standards (CE mark).



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Check for the expiry date – **no condom should be used if out of date**



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Ensure the condom packet has not been tampered with, has any holes, tears, rips and ensure it is not damaged in any way.



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Open packet carefully, ensure condom is not torn in process, gently squeeze the end of the packet and remove the condom – be aware of sharp finger nails, jewellery and any other sharp objects. Do not use teeth to open packet.



Condoms should be stored in a cool place to ensure they do not dry out with heat. If you carry your condoms in pockets or purses take care to avoid sharp objects. They should not be kept in your groin area, as heat can dry out condoms.



Hold closed end of condom with the rim on the outside. Make sure condom is right way up. If put on the wrong way, do not just turn the condom over, you will need to get a new one.



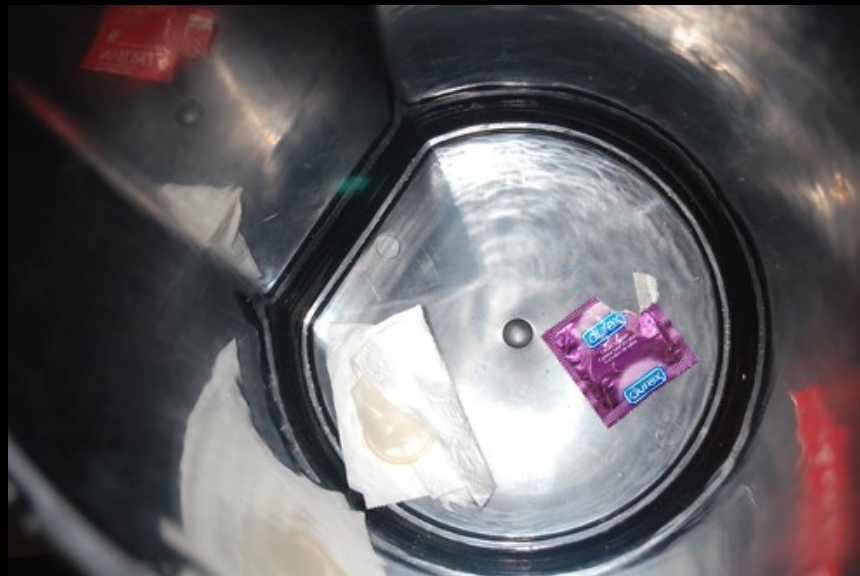
Unroll the condom onto the full length of the erect penis, still keeping hold of the end. If you do not roll the condom onto the full length of the penis, this means you can still have skin contact passing on any sperm or sexually transmitted infections.



Removal of condom – hold firmly in place at base of penis whilst withdrawing (this should be done as soon as the male has ejaculated) to prevent spillage of any sperm and the possibility of it entering the vagina.



Wrap condom in tissue and dispose of it in a bin.
Do not attempt to flush it down the toilet, as eventually, it could block the drain.



OTHER ESSENTIAL INFORMATION . . .

Condoms should only be used once

Only water based lubricants should be used with condoms i.e. KY Gel. Oil based lubricants such as baby oil can damage the condom

Only one condom should be used at a time – wearing 2 will cause friction and can rip the condom

Different types are available – size/flavour/non latex and female condoms (femidom)

Latex free are available for people with a latex allergy

Emergency contraception is available if the condom fails (will discuss this in more detail towards end of session)