

Chlamydia Screening for Under 25's

Are you aged 15 - 24 and living in Wolverhampton?

You can order a free home chlamydia test.

Simply visit www.embracewolverhampton.nhs.uk to order your kit.

The kits are discreetly packaged and fit through a standard letter box.

Simply FREEPOST your sample back in the box supplied and get your confidential result by text message or the method you choose.

Alternatively call 01902 444444 to order a kit over the phone.

Why get tested?

Chlamydia is the most common sexually transmitted infection in under-25s.

Most people don't know they are infected as there are no symptoms in the majority of cases. Untreated Chlamydia can cause permanent damage to the reproductive system and lead to health problems in later life, including chronic pain and infertility.

What does the test involve?

- The test is a self-taken sample. This is a urine sample for men and a self-taken vaginal swab for women.
- All results are handled by our Health Advisors team who inform each person individually of their results.
- All tests and results are strictly confidential and no other person is informed without your permission.
- If your result is positive, treatment is simple and effective – usually just a single dose of antibiotics, available free through the programme.

What if I don't live in Wolverhampton?

Every area in the country has its own Chlamydia screening programme or phone 01902 444444.

Contact your local sexual health service to find about the service for your area.

I'm not aged between 15-24, what do I do?

You can still be screened for Chlamydia. Simply book an appointment or attend one of our walk-in clinics.

For more information phone 01902 444444.

Emergency Contraception

There are two types of Emergency Contraception; Emergency Hormonal Contraception and Intra Uterine Device (IUD). Please see the information below to find out more about both of these.

Emergency Hormonal Contraception

The most common is emergency hormonal contraception (often referred to as the 'morning after pill') which is useful when you have not used any method of contraception, or your usual method has failed. It is NOT ALWAYS 100% effective, but the sooner you take it, the better it is likely to work. You have up to 5 days to get free emergency hormonal contraception from the following places:

The Fowler Centre

Building 3,
New Cross Hospital,
Wolverhampton,
WV10 0QP

Pharmacies

Many pharmacies now dispense emergency hormonal contraception free of charge. To see which pharmacies provide free emergency contraception please see the Wolverhampton Pharmacies for Emergency Contraception document.

Phoenix Walk-In Centre

Parkfield Road,
Wolverhampton,
WV4 6ED

The Walk in Centre will provide you with emergency contraception and condoms, and is often open when other places aren't.

Your GP

Your GP may also be able to provide emergency contraception. Phone your GP Practice first and ask if they provide emergency contraception.

Intra Uterine Device (IUD)

The copper IUD can be fitted into your womb within five days of having unprotected sex, depending on your last period and normal monthly cycle. The IUD is a very reliable form of emergency contraception. Please seek advice from your local clinic or GP surgery for further information.

For more information call Embrace Sexual Health Service on 01902 444444.

Free Condoms – The C-Card

The C-Card – Free Condoms for under 25s living in Wolverhampton

If you are aged between 13 and 24 you can sign up for a C card and get free condoms from places such as Youth Clubs, pharmacies, schools, Health Centres and young people's services across Wolverhampton.

The C Card Scheme allows young people to sign up individually with a trained worker and receive a C Card with a unique ID number. The card can then be presented at venues across the city to obtain free condoms (6 per visit).

There are over 50 youth and health venues and approximately 50 pharmacies where you can use your card. Some are just for people who attend the service, for example schools, but most are open to anyone with a C card.

Benefits include:

- Regular supplies of free condoms
- Good quality sexual health information
- Large number of outlets across Wolverhampton
- Condoms help to prevent sexually transmitted infections (STIs), however using long-acting reversible contraceptives (LARC), such as the coil or implant, with a condom is the best way to protect against an unplanned pregnancy.
- Once you have a C card you can just show it at a venue to get free condoms, without having to answer lots of question

How to get a C card

To find out where your nearest C-Card venue is, please call 01902 444444 or visit www.embracewolverhampton.nhs.uk.

Ask the worker if you can sign up for the C card scheme. You may have to arrange a time when the worker is free and can see you in private.

It takes about 20 – 30 minutes to sign up, so make sure you have enough time.

The registration includes a condom demonstration, information on the safe and correct use of condoms including action to take in the event of contraception failure and an assessment of competence using the Fraser guidelines for those young people under 16 years.

Young people are asked to give consent to provide personal details which are kept on a secure database with the Embrace – Wolverhampton Sexual Health Service under data protection and confidentiality policies. Anonymised data is used to produce reports on the scheme.

The scheme is operated in line with The Royal Wolverhampton NHS Trust's Condom Distribution Policy.

There are currently approx. 60 C Card drop ins across the city. Around 40 of these can be accessed by any young person. The others are only accessible by service users of that venue eg. schools, YOT, Aftercare service. Please see table of venues. Young people should contact the venue for details of days and times of drop ins.

Young people can sign up at all venues apart from those marked 'Distribution Only'.

Pregnancy Testing Scheme

Workers at young people's venues that are part of the pregnancy testing scheme have been trained to conduct pregnancy tests and offer support / referral to young people following the result.

Pregnancy testing is also offered at health venues, such as 'Embrace' clinics.

Please see list of venues below.

The pregnancy test gives an immediate result and the young person will have the option of discussing their choices if the result is positive. Advice and information on contraception and sexual health can be given if the result is negative.

The scheme adheres to the Fraser guidelines for under 16s and RWHT data protection and confidentiality policies.

All referrals for NHS abortions are via Marie Stopes UK on 0345 300 8090.

Marie Stopes will conduct a pregnancy assessment and referral to their services.

Antenatal booking is via the GP surgery requesting a midwifery booking appointment.

For further information please contact Embrace – Wolverhampton Sexual Health Service on 01902 444444.

Pregnancy Testing Venues open to the public:

- The Way Youth Zone - School Street, Wolverhampton, WV3 0NR
- Base 25 - Castle House, Wheeler's Fold, Wolverhampton, WV1 1ST
- The Fowler Centre for Sexual Health - Building 3, New Cross Hospital, Wednesfield, WV10 0QP
- The Phoenix Health Centre – Parkfields Road, Wolverhampton, WV4 6ED
- Bilston Health Centre – (Appointment must be made via 01902 444444)
- West Park Hospital - (Appointment must be made via 01902 444444)

Venues open to Service Users ONLY:

**(TO USE THESE SERVICES YOU MUST
SCHOOL)**

BELONG TO THE VENUE I.E. ATTEND THE

- Heath Park School
- Moreton Community School
- The King's CE School
- Aldersley High School
- Coppice Performing Arts School
- Moseley Park Academy
- South Wolverhampton & Bilston Academy
- Colton Hills Community School
- St Matthias School (formerly Deansfield)
- Wolverhampton College – Wellington Road Campus
- Wolverhampton 360 – Substance Misuse
- Youth Offending Team
- Changing Lives
- Looked After Children's (LAC) Nurse
- Individual's GP Practice