

<b>Unit Aims:</b>	To recognise and consider the importance of relationships.  To consider at what point in a relationship sexual activity leading to conception might occur.
<b>Lesson duration:</b>	1 hour
<b>Organisation:</b>	Mixed Sex
<b>Resources required:</b>	<ul style="list-style-type: none"> <li>✓ <i>'First Sex' Turning Points DVD</i></li> <li>✓ <i>'First Sex' Programme Synopsis</i></li> <li>✓ <i>DVD Discussion Questions</i></li> <li>✓ <i>DVD Facilitator Notes for DVD</i></li> <li>✓ <i>Pregnancy Test Results</i></li> <li>✓ <i>Local Sexual Health Services in Wolverhampton</i></li> </ul>

### Intended Learning Outcomes:

- Understand the reasons why young people have sex and the pressures they are under
- Recognise the consequences of unprotected sex for self and others
- Consider responsibility and respect in relationships

Introduction:	Time	Grouping
<p><b>1. Establish/Recap Ground Rules</b> In a circle, go through the ground rules that you have set for these lessons. Ensure you explain - don't ask personal questions, confidentiality and the right to pass.</p>	<b>5 mins</b>	<b>Whole Group</b>
<p><b>2. Aspirations Brainstorm</b> Brainstorm in groups the things students would like to do or achieve by the time that they are 21. Take feedback from each group.</p>	<b>10 mins</b>	<b>Small Groups</b>
<p><b>3. 'First Sex' DVD</b> Watch <i>'First Sex' (Programme 1) from the BBC Turning Points sex education DVD</i>. For information on the DVD content see the <i>'First Sex' Programme Synopsis</i>.</p>	<b>20 mins</b>	<b>Whole Group</b>
<p><b>4. Discussion based activity</b> After watching the programme, give each student a copy of the <i>DVD Discussion Questions</i>. In groups ask the students to discuss the questions and make notes. Take feedback from each group using the <i>Facilitator's Notes for DVD</i>.</p>	<b>15 mins</b>	<b>Small Groups</b>

<p><b>5. Review &amp; Closing Activity</b></p> <p>Refer back to the aspiration brainstorm – what wouldn't the students have been able to do if they had a baby before they were 21?</p> <p>Emphasise any time a female has unprotected sex it is possible for her to become pregnant.</p>	<p><b>10 mins</b></p>	<p><b>Whole Group</b></p>
---	-----------------------	---------------------------