

'Delivering RSE in a Modern World'

Thematic Approach

<p style="text-align: center;">Sex</p> <p>Conception & Reproduction (Y7) Pressure to have Sex (Y8) The Condoms & other Barrier Methods (Y8) Introduction to Sexually Transmitted Infections (Y8) Myth Busting STIs (Y8) The Main Methods of Contraception (Y9) Sexually Transmitted Infections (Y9) Long Acting Reversible Contraception (LARC) (Y10) First Sex (Y10)</p>	<p style="text-align: center;">Relationships</p> <p>Personal Relationships & Diversity (Y7) Healthy Relationships (Y7) Responsibilities in a Relationship (Y9) Confidence in a relationship (Y9) What is Love (Y9) Healthy/Abusive Relationships (Y10) Consent (Y10) Safe/Unsafe Relationships (Y11)</p>
<p style="text-align: center;">Online Safety</p> <p>Internet safety (Y8) Social Media & Sexting (Y9) Impact of Pornography (Y10) Revenge Porn (Y11)</p>	<p style="text-align: center;">Diversity</p> <p>Gender Stereotypes (Y7) Homophobic Bullying (Y8) Sexuality (LGBTQI) (Y10)</p>
<p style="text-align: center;">Risky Behaviour</p> <p>Recognising Risk (Y7) Consequences (Y7) Under the influence (Y9)</p>	<p style="text-align: center;">My Body</p> <p>Puberty (Y7) Body Image (Y8) FGM Awareness (Y9) Pregnancy Choices (Y11) Looking after your sexual health (Y11) The importance of Self-Examination (Y11)</p>

(The suggested year group for the session is shown in brackets)