

Unit Aims: To understand what consent to sexual activity is, how this may be restricted, what limits someone’s capacity to be able to consent and when someone may be constrained from being able to choose.

Lesson duration: 1 hour

Organisation: Mixed Sex

- Resources required:**
- ✓ *Consent PowerPoint Presentation*
 - ✓ *Consent Scenario*
 - ✓ *Yes or NO Cards*
 - ✓ *Yes or NO Card Answers*
 - ✓ *Internet Access for Consent & Tea Video Clip*

Intended Learning Outcomes:

- To be clear and recognise consent
- To explore situations where consent may be difficult to obtain
- To ensure young people are certain on how consent is essential in a relationship

Introduction:	Time	Grouping
<p>1. Establish/Recap Ground Rules In a circle, go through the ground rules that you have set for these lessons. Ensure you explain - don't ask personal questions, confidentiality and the right to pass.</p>	5 mins	Whole Group
<p>2. What is Consent? Discuss:</p> <ul style="list-style-type: none"> • What is consent? • What is sexual consent? • That many young people often have confused understandings of what may constitute consent • When do young people feel they are able to say no? <p>As a facilitator think about:</p> <ul style="list-style-type: none"> • Is there anything you need to challenge (for example, myths or disrespectful/negative attitudes towards others)? • Are there any differences in the responses of the different genders? What do these suggest about their attitudes? • Is their focus on the need to 'get consent' or on 'giving/not giving consent', or is there an appropriate balance between the two (remembering that ethically and legally the responsibility is on the person who is seeking consent)? 	10 mins	Whole Group

<ul style="list-style-type: none"> • What do their responses and questions suggest about their understanding of healthy relationships in the context of seeking and giving/not giving consent? <p>3. PowerPoint - What is Consent? Go through <i>Consent PowerPoint</i> slides. Discuss:</p> <ul style="list-style-type: none"> • Reasons why people choose to have sex and why they would choose not to. • Ensure pupils are aware that consent does not have to relate to sexual intercourse it could be any physical contact Kissing, cuddling, holding hands. • Signs of consent • Consent and the law • The example scenarios • Withdrawing consent 	15mins	Whole Group
<p>Show short video clip around consent to support PowerPoint and before next activity. https://youtu.be/Jasl2q3l26M</p> <p>4. Consent Scenarios Give each group a <i>Consent Scenario</i> and ask them to answer the questions contained with the scenario. This could be an activity for each group to then feedback on or each scenario could be passed around after two minutes so every learner will contribute to each scenario.</p> <p>Take feedback on each of the scenarios.</p>	20mins	Small Groups
<p>5. Yes or No Statements Give each group a pack of <i>Consent Cards</i> and ask them to put them into a 'yes' pile (there is consent) or a 'No' (No consent given) pile. (Alternatively read each statement to the whole class and decide together.) Use <i>Consent Cards Answers</i> to take feedback.</p>	15mins	Small Groups
<p>6. Watch video Consent & Tea This is a final reminder of how consent should be given and how easy this is hopefully to understand! https://www.youtube.com/watch?v=fGoWLS4-kU</p>	5mins	Whole Group