

- Unit Aims:** To increase the student’s knowledge of the choices available to them before a pregnancy is confirmed, once a pregnancy is confirmed and further support.
- Lesson duration:** 1 hour
- Organisation:** Mixed Sex
- Resources required:**
- ✓ *Pregnancy Choices Scenarios*
 - ✓ *Pregnancy Tests*
 - ✓ *Envelopes*
 - ✓ *Choices Statements*

Intended Learning Outcomes:

- Recognise the consequences of unprotected sex.
- Understand the choices a couple face when the female is pregnant.
- Understand some of the factors which contribute to unintended pregnancy.
- Understand where to go for help and support

Introduction:	Time	Grouping
1. Establish/Recap Ground Rules	5 mins	Whole Group
<p>2. Pregnancy Choices Scenarios</p> <p>Instruct the group that they will work in small groups to look at one scenario relating to pregnancy choices. Each group needs to spend time discussing the scenario and deciding what they would do to support the person in the scenario and where they would send the person to for help and support. Feedback each scenario to the rest of the class and discuss the importance of local sexual health services and pregnancy advice services such as Bpas and Embrace.</p>	20 mins	Small Groups
<p>3. Pregnancy Test</p> <p>Discuss with the group where and how pregnancy tests can be obtained (GP, Health Clinic, Embrace, Hone test) Discuss where they feel would be the best place to take a test and why. (As an example home testing not always accurate and no immediate support if the result wasn’t what they were hoping. Equally a GP may not be appropriate if they knew someone who worked there despite confidentiality) Explain each scenario’s character have taken a pregnancy test and they open the envelope to see the result. Discuss what options are now available to each scenario’s character? (abortion/termination, adoption, keep the baby) Encourage the</p>	15 mins	Small groups with feedback to Whole Group

<p>class to bring out the following options: (Abortion/termination, adoption, keeps the baby, if they mention emergency contraception or having an IUD fitted explain that she would need to have gone to the clinic straight away, not leave it until she is late for her period).</p> <p>4. Factors which impact decisions and choices statements Each statement can be displayed as a PowerPoint or printed off and laminated for the whole group to see. Each situation will spark discussions the class need to decide how the particular situation may impact a choice regarding a termination or non termination of a pregnancy. Ensure pupils are aware that in reality that a choice to terminate a pregnancy takes lots of thought, counselling and discussions and never would be decided after a brief discussion. These factors are hypothetical and the aim is to spark discussion. Statements include 'She is pregnant and happy and so is her partner' 'Her parents will not be happy if they find out'</p>	<p>15 mins</p>	<p>Whole Group</p>
<p>5. Signposting Give students information on local sexual health services.</p>	<p>5 mins</p>	<p>Whole Group</p>

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