

'Delivering RSE in a Modern World'

Suggested Websites

<h3>Sex</h3>	
<p>Sessions: Conception & Reproduction (Y7) Pressure to have Sex (Y8) The Condoms & other Barrier Methods (Y8) Introduction to Sexually Transmitted Infections (Y8) Myth Busting STIs (Y8) The Main Methods of Contraception (Y9) Sexually Transmitted Infections (Y9) Long Acting Reversible Contraception (LARC) (Y10) First Sex (Y10)</p>	<p>Embrace Sexual Health Services, Wolverhampton: www.royalwolverhampton.nhs.uk/services/service-directory-a-z/sexual-health/ (Local sexual health information)</p> <p>Family Planning Association: www.fpa.org.uk (Factsheets and resources around contraception & STIs)</p> <p>Brook www.brook.org.uk (Information on contraception, sexual Health & services)</p> <p>NHS www.nhs.uk/Livewell/Sexandyoungpeople/Pages/Sex-and-young-people-hub.aspx (Advice around the pressure to have sex)</p> <p>THT www.tht.org.uk (Sexual health information)</p> <p>NHS Choices – Sex Worth Talking About www.condomessentialwear.co.uk (Staying safe sexually)</p> <p>4YPBristol www.4ypbristol.co.uk (Sexual Health website for young people)</p>

Relationships

Sessions:

Personal Relationships & Diversity (Y7)
Healthy Relationships (Y7)
Responsibilities in a Relationship (Y9)
Confidence in a relationship (Y9)
What is Love (Y9)
Healthy/Abusive Relationships (Y10)
Consent (Y10)
Safe/Unsafe Relationships (Y11)

Disrespect Nobody

www.disrespectnobody.co.uk

(National Campaign around keeping safe, consent and healthy relationships)

NSPCC

www.nspcc.org.uk

(CSE and keeping safe, where to go for help and advice)

Barnados

www.barnados.org.uk

(Charity offering guidance around CSE and keeping young people safe)

Kids Health

www.kidshealth.org

(Healthy Relationships)

CEOP

www.ceop.police.uk/safety-centre

(How to report CSE and links to the film 'Exploited' and others)

SWGFL

www.swgfl.org.uk/products-services/esafety

(Online safety information)

Online Safety

Sessions:

Internet safety (Y8)

Social Media & Sexting (Y9)

Impact of Pornography (Y10)

Revenge Porn (Y11)

Childline

www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-porn

(Information on online pornography)

Disrespect Nobody

www.disrespectnobody.co.uk

(National Campaign around keeping safe, sexting and pornography)

SWGFL

www.swgfl.org.uk/products-services/esafety/resources/So-You-Got-Naked-Online

CEOP

www.thinkuknow.co.uk

(Online Safety)

Professionals Online Safety Helpline

0844 3814772

Diversity

Sessions:

Gender Stereotypes (Y7)
Homophobic Bullying (Y8)
Sexuality (LGBTQI) (Y10)

X2Y

www.x2y.org.uk

07847 421795

THT

www.tht.org.uk

(Provides support and signposting for the LGBT community)

Stonewall

www.stonewall.org.uk

(Stonewall campaigns for the equality of lesbian, gay, bisexual and Trans people across Britain.)

It's Pronounced Metrosexual

www.itspronouncedmetrosexual.com

(Resources and further information around LGBT)

Mermaids

<http://www.mermaidsuk.org.uk/>

(Raise awareness about gender issues amongst professionals and the general public. Support for children and young people and their families.)

Risky Behaviour

Sessions:

Recognising Risk (Y7)

Consequences (Y7)

Under the influence (Y9)

NSPCC

www.nspcc.org.uk

(Keeping safe, where to go for help and advice)

Recovery Near You

www.recoverynearyou.org.uk/site/young-people/

(Wolverhampton Young People Substance Misuse Support)

Childline

www.childline.org.uk/

(24 hour support online and over the phone for children and young people)

Sexual Offences Act

www.legislation.gov.uk/ukpga/2003/42/contents

(Sexual Offences Act 2003)

Alcohol Concern

www.alcoholconcern.org.uk

(National agency on alcohol misuse for England and Wales. Provides general information and online educational resources)

Drinkaware

www.drinkaware.co.uk

The website has a wide range of useful information including factsheets and online resources aimed at both adults and young people:

FRANK

www.talktofrank.com

(National drugs awareness campaign aiming to raise awareness amongst young people of the risks of illegal drugs, and to provide information and advice)

My Body

Sessions:

Puberty (Y7)
Body Image (Y8)
FGM Awareness (Y9)
Pregnancy Choices (Y11)
Looking after your sexual health (Y11)
The importance of Self-Examination (Y11)

Lilets

www.lil-lets.co.uk/School-Programme
(Provides schools with puberty resources and short video clips)

Bristol Against Violence and Abuse
www.bava.org.uk/types-of-abuse/female-genital-mutilation/
(FGM awareness and Support)

Education for Choice
<https://www.brook.org.uk/our-work/category/education-for-choice>
(Enables young people to make informed choices around pregnancy advice.)

British Pregnancy Advisory Service
www.bpas.org.uk
(National Network offering confidential support around pregnancy and emergency contraception)

Dad Info
<https://www.dad.info/divorce-and-separation>
(Information on fathers' rights)

Betty
<https://www.betty.me/>
(Information on periods)

DOVE
<https://www.dove.com/uk/dove-self-esteem-project.html>
(Information on body image and self-esteem)